

HOME AND COMMUNITY-BASED SERVICES

Contact the Eldercare Locator at 800.677.1116 or www.eldercare.gov to find these home and community-based services:

Adult Day Care – A protective setting offered for those who cannot be left alone due to health care and social needs.

Aging and Disability Resource Centers – A community-based resource where older adults and persons with disabilities can get information, counseling and streamlined access to long-term support options.

Caregiver Programs – Support for caregivers of older adults and some services for grandparents raising grandchildren.

Case Management – Assistance for families in assessing the needs of older adults and making arrangements for services to help them remain independent.

Elder Abuse Prevention Programs – Investigation into allegations of abuse, neglect and exploitation, and interventions in substantiated cases.

Emergency Response Systems – In-home 24-hour electronic alarm systems which enable homebound persons to summon emergency help.

Employment Services – Opportunities for older adults to explore employment options.

Financial Assistance – Counseling on financial management, prescription drugs' programs, Social Security benefits, food stamps, energy assistance, and more.

Home Health Services – Help with activities such as skilled nursing visits, medication management, light housekeeping, and assistance with meal preparation.

Home Repair – Programs that help keep housing in good repair, such as roofing, plumbing and insulation, in order to avoid major problems.

Home Modification – Renovations to increase the ease of use, safety, security, and independence in the home.

Information and Referral/Assistance Information Services (I&R/A) – Specialists provide assistance and linkage to available services and resources.

Legal Assistance – Advice and representation for certain legal matters such as government program benefits, tenant rights, and consumer problems.

Nutrition Services – Home-delivered meals (Meals on Wheels) for the homebound and congregate meals in a senior center or other site where older adults can enjoy a meal and socialize with others.

Personal Care – Assistance for individuals who need help with bathing, dressing, walking, eating, running errands, and housekeeping.

Respite Care – A break for caregivers who provide ongoing supervision and care of a person with a functional impairment.

Senior Housing Options – Assisted living, retirement communities, nursing facilities, government assisted housing, and shared housing.

Senior Center Programs – A variety of recreational and educational programs for older adults.

Telephone Reassurance – Regular contact and safety checks to homebound seniors and disabled persons by trained volunteers.

Transportation – Services for older adults or persons with disabilities who lack private transportation or who are unable to utilize public transportation.

Volunteer Services – Opportunities to provide telephone reassurance, friendly visits, insurance counseling, and more.