



Connecting You to Community Services



First Step to Finding Resources for Older Adults

Have an immediate need?
Planning for the future?

Contact the Eldercare Locator
800.677.1116
or www.eldercare.gov

The Eldercare Locator helps you get information

Adult Day Care

A protective setting for those who cannot be left alone due to health care and social needs.

Aging and Disability

Resource Centers

A community-based resource where older adults and persons with disabilities can get information, counseling, and streamlined access to long-term support options.

Caregiver Programs

Support for caregivers of older adults and some services for grandparents raising grandchildren.

Case Management

Assistance for families in assessing the needs of older adults and making arrangements for services to help them remain independent.

Elder Abuse Prevention Programs

Investigation into allegations of abuse, neglect and exploitation, and interventions in substantiated cases.

Emergency Response Systems

In-home 24-hour electronic alarm systems that enable homebound persons to summon emergency help.

Employment Services

Opportunities for older adults to explore employment options.

Financial Assistance

Counseling on financial management, prescription drug programs, Social Security benefits, food stamps, energy assistance, and more.

Home Health Services

Help with activities such as skilled nursing visits, medication management, light housekeeping, and assistance with meal preparation.

Home Repair

Programs that help keep housing in good repair, such as roofing, plumbing and insulation, in order to avoid major problems.

Home Modification

Renovations to increase the ease of use, safety, security, and independence in the home.

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Information and Referral/Assistance

Specialists provide assistance and linkage to available services and resources.

Legal Assistance

Advice and representation for certain legal matters such as government program benefits, tenant rights, and consumer problems.

Nutrition Services

Home-delivered meals (Meals on Wheels) for the homebound and congregate meals in a senior center or other site where older adults can enjoy a meal and socialize with others.

Personal Care

Assistance for individuals who need help with bathing, dressing, walking, eating, running errands, and housekeeping.

Respite Care

A break for caregivers who provide ongoing supervision and care of a person with a functional impairment.

Senior Housing Options

Assisted living, retirement communities, nursing facilities, government-assisted housing, and shared housing.

Senior Center Programs

A variety of recreational and educational programs for older adults.

Telephone Reassurance

Regular contact and safety checks to homebound seniors and disabled persons by trained volunteers.

Transportation

Services for older adults or persons with disabilities who lack private transportation or who are unable to utilize public transportation.

Volunteer Services

Opportunities for older adults to provide telephone reassurance, friendly visits, insurance counseling, and more.

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The Eldercare Locator is the first step to finding resources for older adults in any U.S. community. Just one phone call or web site visit instantly connects you to resources in your own community. Be sure to have the city and state, or zip code, available where you are seeking services.

"I didn't realize that there was this much available to us. I appreciate your help very much!"

"I was calling because I am overwhelmed. My mother needs home repairs desperately because her home is unsafe. I found your number... I appreciate the assistance that you give."

"You gave me great information and great resources!"

NOTES



Connecting You to Community Services



Administration on Aging



Advocacy. Action. Answers on Aging.

The Eldercare Locator is a free national service of the U.S. Administration on Aging with resources for every community. It is administered by the National Association of Area Agencies on Aging (n4a).