#1 challenge

Older adults most frequently cited medication cost as a problem they faced trying to access health care.¹

1 in 5

Not understanding their benefits is an obstacle 20% of older adults report they face.¹

88%
could use help to lower their overall costs.²

Solution

1. **Know your pharmacy network**
   - Fill prescriptions at a preferred pharmacy, if it’s an option, and you will likely pay less
   - $230 is the potential average annual savings Medicare members could have received if they had switched to a preferred pharmacy in 2016*
   - For savings, always choose a pharmacy that’s in your drug plan’s network

2. **Know your medications**
   - Ask your doctor and pharmacist if you can lower your pharmacy costs by choosing a:
     - Generic alternative
     - Lower-cost brand alternative
     - 90-day instead of 30-day supply

3. **Know your situation**
   - Evaluate changes in your health and prescription needs at least once a year
   - Ask your doctor and pharmacist about ways to save on medications, including use of nonprescription options

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