Northern Arizona representative participating in White House Conference on Aging

July 12, 2015

Mary Beals-Luedtka, Director of Area Agency on Aging at the Northern Arizona Council of Governance, received a personal invitation from President Barak Obama to attend the White House conference on Aging at the White House that takes place on Monday, July 13.

Mary has been the Director of the Area Agency on Aging for 11 years and is currently the First Vice President of the National Association of Area Agencies on Aging.

Only 200 persons from the country are invited for this historic event.

The White House Conference on Aging builds on a year-long effort to listen, learn and share with older adults, families, caregivers, advocates, community leaders and experts in the aging field.

Five local listening sessions were conducted, one of which was in Phoenix AZ. The 2015 Conference aims to embrace the changing demographics and the possibilities of healthy aging. What should we be thinking about now to prepare our families, communities and country for the next decade to support older Americans and their families? What strategies should we use to promote and take part in healthy activities?

The first baby boomers reached retirement age in 2011. Every day for the next 15 years thousands more will reach retirement age creating new opportunities for how we define what it means to be an older adult.

Mary attended the listening session in Phoenix and is honored to be part of this discussion at the White House and will advocate for rural America and Arizona's older adults.

This conference will bring together older Americans, caregivers, government officials, members of the public, business leaders and community leaders to discuss a vision for aging in the next decade.